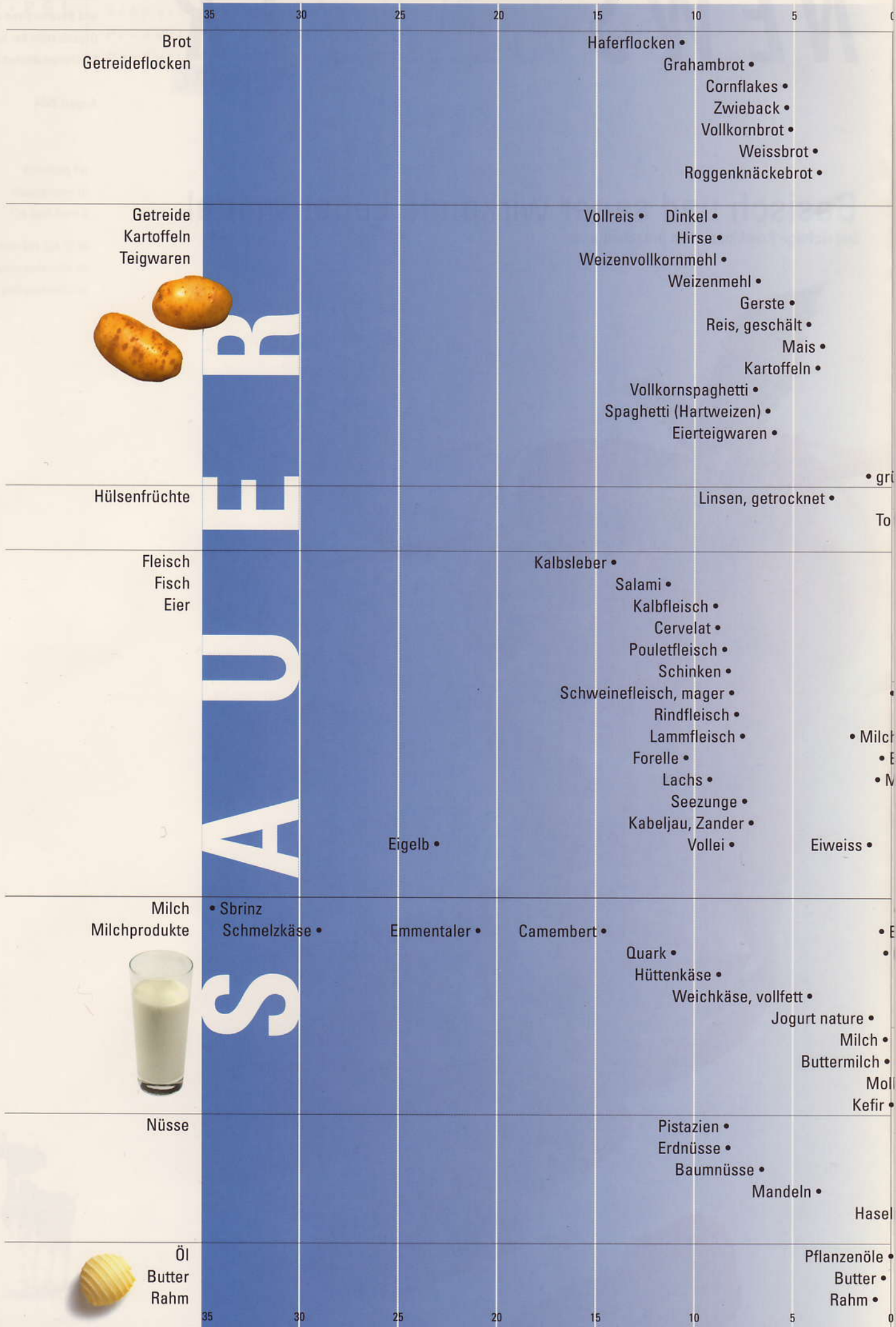
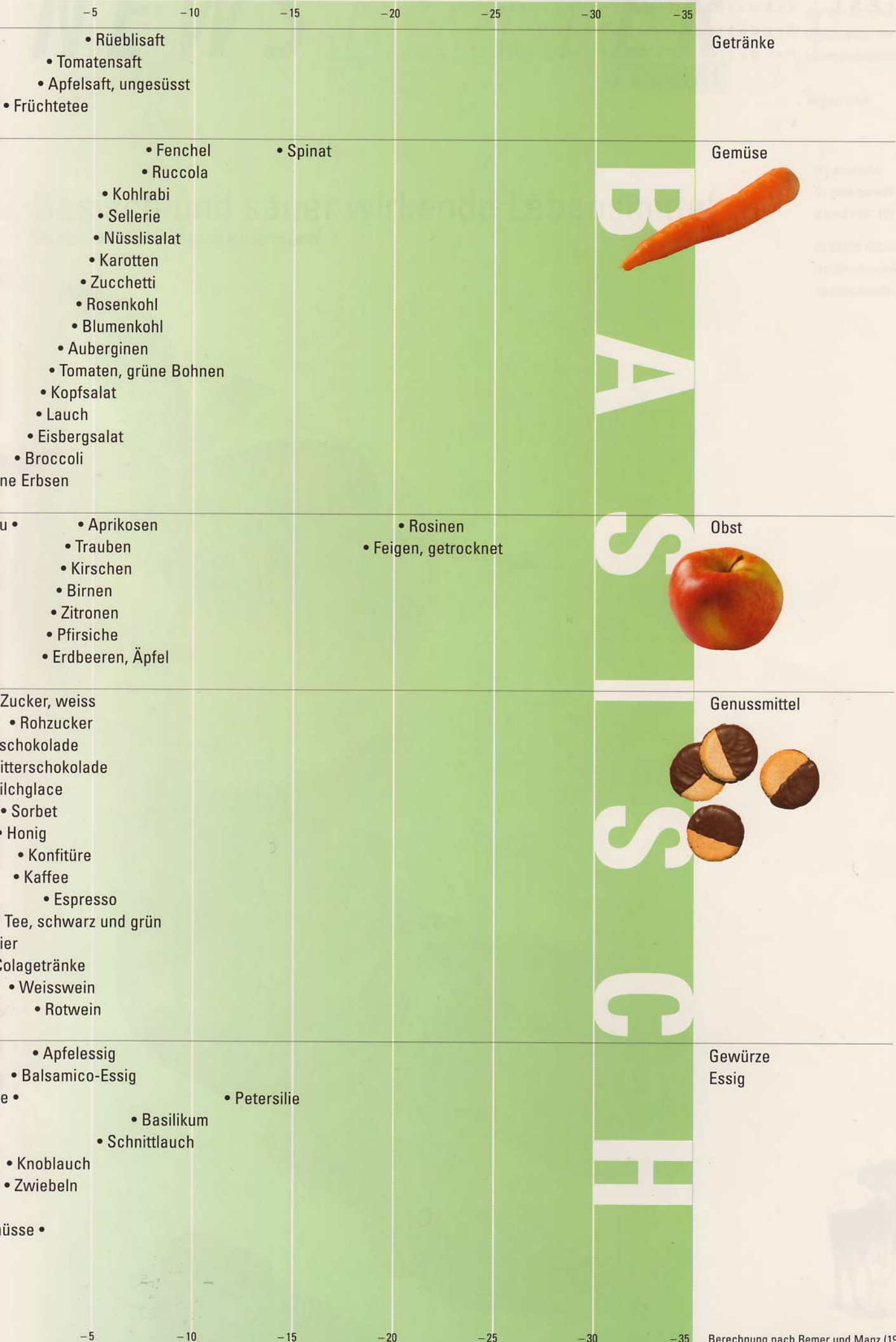


Sauer und basisch wirkende Lebensmittel (PRAL*)



*PRAL = potenzielle renale Säurebelastung (mEq = 100 g)



B
A
S
I
S
C
H

